

GREEN GUIDE

FOR INTERNATIONAL STUDENTS IN BUDAPEST

*Useful addresses for anyone living there
& willing to have a sustainable lifestyle*



Welcome to Budapest!

When I arrived here three months ago, I was both excited to discover the environment where I'll live the following months and disorientated to be in a new place that I knew almost nothing about. Just like you, I was out of my comfort zone and wondering what my new life would look like in Budapest.

Finding your feet in another country is not easy. I rapidly realized that transposing my habits would require effort. I had to spend time and energy looking for places to go grocery shopping, then understanding how to sort my rubbish, finding where to buy what I needed at home but didn't fit in my suitcase, etc. Above all, I wanted to maintain a green lifestyle but it was hard to find alternatives equivalent to those I had in my home-country. Moving to Budapest for a short-time period, the easier option would have been to let it down temporarily. But I would have been truly disappointed.

Hopefully, I met people who are living there for a long time and were glad to share recommendations on sustainable alternatives in Budapest. In order to transmit this information, therefore help more international students arriving in Budapest to find their way in their new surroundings while keeping up with a green lifestyle, I decided to write this guide. Of course, it could also be used by any person who would like to improve their lifestyle taking into account environmental issues.

I listed for you many sustainable opportunities in Budapest regarding what one would need when living there. However, this list is far from being exhaustive. That's why you should feel free to send an email at info@cargonomia.hu if you have any recommendation or place worthy to add to the guide. I would be glad to update it with more green opportunities to complete the list!

Table of contents

• Introduction - Table of contents	1
• Before coming to Budapest	2
• From home-country to Budapest (without flying)	3
• Moving through the city	5
• Places where to buy what you need	6
• Sort your waste in Budapest	9
• Free time in Budapest	10
• Free time outside Budapest	13
• Get involved and help the Green Guide grow	14



BEFORE COMING TO BUDAPEST

Don't forget this when packing your bags

There are a few **useful things you should bring with you** from your home to Budapest in order to not have to buy new equipment once there and therefore limit your footprint.

- Have a **good backpack** (waterproof if possible) that you could use to transport essential belongings when you'll be visiting the city or other places around Budapest. Having a small handbag or a belt bag is also convenient to keep valuable stuff close to you. Finally, a tote-bag or **any reusable bag** would be practical to go shopping avoiding packaging waste.
- Have a pair of **hiking shoes** to be more comfortable walking around the city and safer if you go hiking to Budapest hills or to any other Hungarian place, and even when going on a trip abroad.
- If you are coming during the **winter period**, be aware that temperatures can be below zero with freezing and snowing days. Prepare your clothes carefully with a warm and waterproof coat, gloves, scarf, beanie. Even if you will probably not go swimming at Balaton lake in the winter, you should bring a **swimsuit and flip-flops** to try the famous thermal baths of Budapest.



Have a valid student card

Don't forget to always have your student card with you so you can **benefit from student prices** during your stay (usually half of full price tickets for public transports but also museum or monuments visits). It should have your **name and the current academic year written** on it. If you don't have a student card, ask your university to provide a **certificate of attendance** and print it so you shouldn't be bothered.

FROM HOME-COUNTRY TO BUDAPEST (WITHOUT FLYING)



Budapest: How to get there

Coming from a European country to Budapest, you can easily find alternatives to plane. You could try **carpooling** or **hitching** if you want a more convivial experience. Otherwise, **trains** are probably the most comfortable and faster way, while **long distance buses** are cheaper. True, it is probably more expensive and takes more time than by plane. However, keep in mind that **travel is a full part of your mobility experience**. You can enjoy landscapes through the window, have time for reading, starting a logbook, watching movies, sleeping, or whatever you want. Plus, it is a chance to **meet people on the way** to Hungary, who you can talk with and maybe get local recommendations. Also if you travel by night, time will pass faster.

By bike

If you're sporty or like to **challenge yourself**, you can also **come by bike to Budapest**. Eurovelo is a network with 17 different bike itineraries across Europe. A large part of the roads has been **secured for cyclists** to travel. You can find **useful services** along the route and it is a good **opportunity to visit** many beautiful places. **Eurovelo 6, from the Atlantic Ocean to the Black Sea**, is one of the most popular routes. You'll ride along the Danube River to Budapest, it couldn't be better!

<https://en.eurovelo.com/ev6>



Long-distance buses

This company is probably the largest long-distance bus provider in Europe. On the website you can easily **plan your trip** to Budapest from other European cities and find cheap bus **tickets**.

<https://www.flixbus.com>

FLIXBUS



Train travel

THE MAN IN SEAT 61

This website is held by Mark Smith, a railways travel enthusiast who listed all European capital cities and the different options to get there by train. You only have to select the city where you come from and indicate Budapest as your destination. It will provide a **list of journeys with descriptions** on to come. It is truly helpful as it suggests various routes which are usually not proposed by the railway companies. It also gives information on **how and when to buy tickets**, and more **tips** about train travel. The website is **regularly updated**.

<https://www.seat61.com/index.html>

TRAINLINE

This platform permits to **make up your itinerary and book your train tickets online** without having to check on every national train company website.

<https://www.thetrainline.com/fr>

DEUTSCHE BAHN

The Deutsche Bahn website is known for allowing to **plan train travels** in Europe even if not going through Germany. Pros are that you can enable **many filters** like adjusting the connection time. So you can look for your route there as well.

<https://int.bahn.de/en>

INTERRAIL

This **European pass** allows you to travel through European countries by train during several days without limit. You can choose to buy a pass depending on the amount of traveling days you need to go from your home country to Budapest and then book your train tickets for free (except for the seat reservation). Interrail railway pass offers a good **opportunity to visit** the countries you're crossing to come to Hungary and can be **cheaper** if you have a lot of connections. Even if you don't have the pass, you can use the website to plan your trip by checking the trains time and the trains map.

<https://www.interrail.eu/en>

NIGHT TRAIN MAP

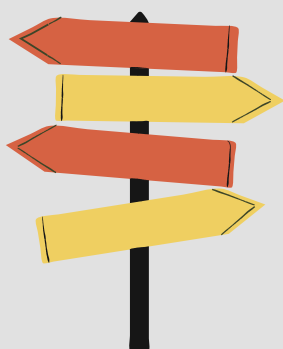
This interactive map shows all European night train lines allowing you to plan your trip if you want to **travel by night**. Be aware that some night trains do not run everyday, try various travelling dates when you are planning your trip to find the right timetable.

<https://nachtzugkarte.de/en/>

MAV-START

This is the **Hungarian national railway company**. Usually train tickets are **cheaper** here than on other websites. You should have a look at it when booking your trip to Budapest.

<https://jegy.mav.hu/>



Tips for train travel

- if you're on a short budget, do not hesitate to check the different railway companies website of the countries you're crossing in order to find the cheapest tickets (for example: SNCF, ÖBB, DB, MAV, etc)
- still to save money, you can consider traveling with regional trains rather than with high-speed ones, it could be longer in time but cheaper

MOVING THROUGH THE CITY

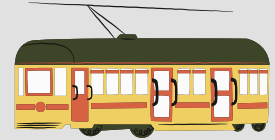


A great public transport network

The metro, tramway, electric buses and bus lines of Budapest allow you to **go everywhere in the city**. Wherever you are you can go with public transportation! For daily use, you can download the **BKK app** where you can check the lines **timetable and plan your route**. Use it also to buy a monthly, quarterly or annual pass which provide unlimited access to transports, plus you can benefit from a student fare. Without the app, you can **buy tickets or pass** at the stations (purple machines).

<https://bkk.hu/en/>

BKK



Riding bike through Budapest

Owning a bike will permit you to go fast from a part of the city to another without having to rely on public transports or walking too much. Budapest has cycle lanes which allow secure cycling. Then it would be a shame not to use them.

MOL BUBI

This is **BKK bike renting service**. Once you have downloaded the app and created your own account, you can easily rent a bike following the instructions. The fee is pretty cheap and allows you to use a bike for free for 30 minutes which is enough to go through the city. More than 2000 green bikes are waiting for you at almost 200 different stations!

<https://molbubi.hu/en/>

**KÖZ
TEHERBRINGA**

Through this online platform, you can find the cargobike you need for your journey and reserve it. Then borrow it from the pick up point and return it at the end of your booking time. The **cargobike sharing system** is based on users donations. **Transporting heavy** things will no longer be an excuse not to use bike!

<https://kozteherbringa.hu/en/>

**USED BIKES
FOR SALE**

This Facebook group is a forum where you can easily find and **buy a used bike** so you can go to university and so on cycling. Also you can use the forum at the end of your stay to sell the bike before leaving the city, you'll probably make someone happy and the bike's life will be extended.

<https://www.facebook.com>

CYCLONOMIA

This **bicycle cooperative** aims to promote conviviality and community exchange around bikes. The volunteers will kindly **help you to fix your bike**. Above all, you will **learn** with them how to complete simple maintenance or even more challenging repairs.

<https://www.facebook.com/Cyclonomia/>

Useful tips for bike riders

- be sure to have a bike in good condition, regularly check your tyres and brakes
- wear a helmet and have lights on when cycling (a white one at the front and a red one at the back of your bike)
- obey general traffic laws, for your own safety as others
- remember it could be dangerous to bike without caution, especially on busy roads.
- here is Budapest cycle lanes map:

<https://bkk.hu/downloads/map/187/>



PLACES WHERE TO BUY WHAT YOU NEED

Individual consumption is a topic on which there are many means to improve in a sustainable way. Choosing carefully where you are going shopping is a first and efficient solution! This section provides useful green addresses in Budapest where to buy food, as well as clothes and other items you could need during your stay here.

Food: Where to find local, seasonal, organic alternatives

BUDAPEST ORGANIC MARKET

This is the largest **fully organic certified producers market** in Hungary (and in Europe). There you can find fresh, seasonal and local vegetables and fruits but also bread, dairy, meat, and other groceries.

Csörsz utca 18., Budapest - Every Saturday 6:30-13:00

<https://www.okopiac.hu/>

HUNYADI TÉR MARKET

These **market halls** may be the smallest in Budapest. It is divided into two parts with the traditional market inside the building and the **farmers market outside** in the open, do not confuse them. **Friday and Saturday mornings** are the market's peak time! The park next to the market has historically been used as a marketplace for decades.

Hunyadi tér 4., Budapest - Daily (Monday-Friday 7:00-18:00, Saturday 7:00-14:00)

SZIMPLA LOCAL PRODUCERS MARKET

This market features locally grown vegetables and fruits, home-cooked food and hand-crafted products from **Hungarian producers**.

Kazinczy utca 14., Budapest - Every Sunday 9:00-14:00

<https://szimpla.hu/info.html>

ZSAMBOKI BIOKERT

Zsamboki Biokert is a **local organic vegetable farm** which collaborates with three other farms not far from Budapest to offer veggie boxes to customers. You can **order your box weekly** on the website and choose your delivery point in Budapest or to be delivered directly at home by cargobike thanks to a collaboration with Cargonomia.

Almost a box collection point in each district - Delivery on Thursdays afternoon

<https://www.zsambokibiokert.hu/?lang=en>



Tips for eco-friendly shoppers

- bring your reusable bags and containers when going shopping to avoid packaging waste
- be aware that empty glass jars and bottles can often be returned to the point of purchase so do not hesitate to ask the producers if they take them back, otherwise you can keep them to store loose dry food like rice or pasta.



Zero waste shops

These are stores in Budapest where you can **buy loose dry food and other groceries**, many zero waste items such as **cosmetics and cleaning products**, as well as environmentally-friendly **accessories**. Follow there the same tips than for market shopping.

LIGETI BOLT

Katona Jozsef utca 9-11., Budapest - Daily (Monday-Friday 12:00-19:00, Saturday 10:00-15:00)
<https://csomagolasmentes.hu/>

NE PAZAROLJ

Fo utca 79., Budapest - Daily (Monday-Friday 10:00-19:00, Saturday 10:00-14:00)
<https://www.nepazarolj.hu/>

MIMBRE ZERO WASTE HOME

Hollan Erno utca 15., Budapest - Daily (Monday 10:00-18:00, Wednesday 15:00-20:00, Thursday-Friday 10:00-18:00, Saturday-Sunday 10:00-14:00)
<https://mimbre-zero-waste-home.business.site/website/mimbre-zero-waste-home/>



Second-hand bookstores

Even though electronic devices are commonly held, books remain in style and deserve a section in this guide. You'll find many second-hand bookstores in Budapest where there are **used but still very nice books waiting for new readers** to get them. Either for your own pleasure or for university homework, **your wanted book is somewhere on a shelf to be found**. Most of the city's second-hand bookstores have an English section but here are a few addresses specialised in international language books.

MASSOLIT BOOKS & CAFÉ

At this place you'll find used English books and other foreign language books which you can **read on site or buy**. But the place is **also a café** where you can hangout, enjoying great coffee or tea and a piece of cake... What more could you ask?
Nagy Diofa utca 30., Budapest - Daily (Monday-Saturday 9:30-19:00, Sunday 10:00-19:00)
<https://www.facebook.com/MassolitBudapest>

DANI'S ENGLISH BOOKSHOP

This is a bookshop where you can find a wide range of **English language editions of every possible genre** thanks to the passionate owner's work. Do not hesitate to **phone ahead** (+36306330558) as opening hours are sometimes not accurate.
Orszaghaz utca 18., Budapest - Daily 10:00-14:00

USED ENGLISH BOOKS FOR SALE

This Facebook group works as a forum where you can **buy, sell or even swap books** to other people in Budapest. You can ask for what you're looking for or just scroll through the offers.
<https://www.facebook.com/groups/103967416408095/>

KÖZKINCS KÖNYVTAR

This **community library** is a truly interesting place for those who like reading and thinking. There is a wide collection of books, mostly English ones, with a **focus on critical social sciences**. They have a lot of books concerning minority issues such as feminism, LGBTQ+, race, class, and many more. Once you decide on which book to immerse yourself in, you can **read it on site or borrow it** as long as you get membership. The community also organizes various **events** which you can take part in!
Rakoczi ut 11., Budapest - Monday-Friday 14:00-19:00
<https://kozkincskonyvtar.com/about-us/>

Clothes and other useful items needed when settling:

Where to find second-hand goods

PECSA FLEA MARKET

This flea market is where you can spend a few hours to look for new furniture and decoration to **upgrade your new apartment or room**. There are also second-hand clothes, shoes, accessories, and almost any item you could be looking for! Even if you don't find something to buy, it is still a **great place to visit**.

Zichy Mihály ut 14., Budapest - Every Saturday/Sunday, 8:00-14:00

ECSERI FLEA MARKET

This flea market is the **biggest second-hand market** in Budapest. There you can find useful second-hand items as well as antiques. You may never know what treasure you may find! **Nagykorösi ut 156., Budapest - Every weekend (depending on period of the year)**

<https://www.facebook.com/people/Ecseri-Bolhapiac/100057622083068/>

BUDAPEST THRIFT SHOPS

These **maps** show numerous second-hand clothing shops in Budapest. Actually there are even more all around the city and it's up to you to find other thrift shops by exploring your district.

Daily except on Sunday

<https://www.google.com/maps> & <https://www.google.com/maps>

CSERITI

This **charity shop** is a place where you can find **almost everything** except food, furniture, building materials or chemicals. All the goods are second-hand and come from **people's donations**. The products are **cleaned and repaired** when needed, then put in the stores. It is a great opportunity to find any cloth, equipment or housing item you need for a **cheaper** price than in other shops.

More than 10 stores in Budapest city - Daily (Monday-Friday 10:00-19:00, Saturday 10:00-14:00)

<https://www.cseriti.hu/en>

PAKK ADOMANYBOLT

This **charity shop** is run by a cooperative. It proposes various goods such as cloth, accessories, books, and other second-hand items coming from donations.

Alkotás utca 39., Budapest - Monday-Thursday 12:00-18:00, Friday 10:00-16:00

<https://www.facebook.com/pakkadomanybolt>

FREE STUFF IN BUDAPEST

This Facebook group is a forum where you can find stuff that people don't use anymore and are giving away. If you're looking for something specific, then you can leave a request in the discussion.

<https://www.facebook.com/groups/327316578001508/>



How to extend your belongings life

Mending or fixing what you own is a true eco-action as it extends their lifespan. After practicing a bit, you'll find it **very satisfying** to be able to repair by yourself. To start, you can:

- **learn clothes mending:** Repair what you wear website provides both video tutorials and written instructions on how to repair your clothes by yourself, it is starting from the basics but there are also more specific techniques and tips

<https://repairwhatyouwear.com/>

- **attend to a repair cafe:** these workshops are meant for people to come with their damaged items, there you can learn how to fix them with qualified people and use shared tools

<https://www.facebook.com/people/Repair-Cafe-Budapest>

SORT YOUR WASTE IN BUDAPEST

Public waste management service in the city

Waste management can be slightly different from a city to another so here is a few information you need to know about Budapest's one:

- **for general recycling:** every building has bins on the ground floor

(Green for basic rubbish, Blue for paper recycling, Yellow for plastic and metal recycling, or sometimes Grey containers for all recycling waste)

- **for glass recycling:** there are specific drop-off points around the city which you can find on this interactive map (glass containers are located with purple points).

<https://www.fkf.hu/szelektiv-gyujtoszigetek-ahol-csak-uveggyujto-kontenerek-vannak>



How and where to compost

To participate in making healthy compost while reducing your basic rubbish, you can **keep your organic waste in a hermetic box in your kitchen then empty it in a compost bin close to your home**. You can usually bring fruit/vegetable peelings and scraps, tea leaves and bags, coffee grounds and filters, egg shells, dead flowers or green plants. Do not compost non-organic materials, meat or fish, dairy products, greasy food. Always check for **specific instructions** before throwing your waste to a public compost bin in case the rules are different.

To find a compost location in Budapest:

- here is a list of places where to find compost bins all over the city

<https://humusz.hu/kozossegi-komposztpontok>

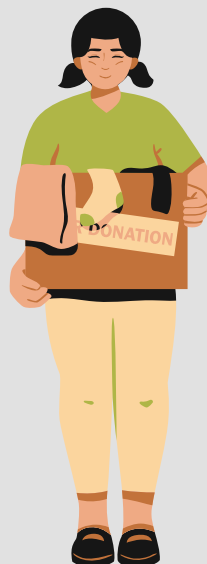
- here is an interactive map showing not only public places where you can bring your compost but also individuals who registered their own compost bin location

<https://sharewaste.com/share-waste>

Get rid of dead electronics

For the electronic items you can't repair anymore, don't throw them with basic garbage. Electronic waste is **accepted by various electronics stores** around the city. Also, Re'lem has put together the electronic waste **collection points** which you can find on the website by selecting "Budapest" and your district number.

<https://www.relem.hu/elemlasznal-oknak-gyujtohelyek>



Give unused belongings

For the unused belongings of lying around in your room, an other life can be! Don't hesitate to **give what you don't need or don't like anymore**, it will probably make someone happy. All **charity shops** should accept donation, check the places listed in the second-hand category.

FREE TIME IN BUDAPEST

While studying and living in Budapest for the first time, one of the best ways to feel more integrated is to **spend time outside to meet other people** in the city. From hanging out in an alternative bar to volunteering with a great environmental or social organization, here is a short list of worthy places to have a look to. Spend your free time connecting with local people and involve in any project which catches your attention!

Alternative bars and restaurants in Budapest

AURORA



This place is built as an **open community** where any individuals, groups and non-profit organizations could meet to share their ideas. It fosters the civil sector and cooperation among its various actors. In practice, Aurora is a **bar and club** where you can hangout and have a great night, but the daytime life of the place is also full with **events such as workshops**, and they have an **urban garden** with an open team of volunteers. Join them for an afternoon, a night and then more!

Aurora utca 11., Budapest
<https://auroraonline.hu/en/>

This place is another **community** in Budapest whose main activities are the **bar-restaurant, bike messenger delivery, and renovation projects**. It is organized as a cooperative and describes itself as a **social space open to everybody**. The goal is to offer a galvanizing place to the neighborhood, create connections between people and organizations in Budapest, foster initiatives and be a cultural meeting point. Check out the current program on their social media or just come for a drink and meet nice people!

Orczy ut 46-48., Budapest
<http://golyaszovetkezet.hu/>

GOLYA SZÖVETKEZET

HAPPY COW

On this website you can find **restaurants with vegetarian and vegan menus** in Budapest. The places are listed and located on a map. Also you can read clients' reviews with food suggestions!

<https://www.happycow.net/>

BOARD GAME CAFÉ



This place is a cafe but a different one: not only can you **drink coffee and eat homemade sandwiches or cakes but also and above all play board games!** It has a great atmosphere and if you like to play you should definitely try this one. They have plenty of board games so it is truly a place to go in order to meet new people and chill while discovering new games.

Ferenc körút 17., Budapest - Daily (Monday-Thursday 15:00-23:00, Friday 15:00-00:00, Saturday 12:00-00:00, Sunday 12:00-22:00)
<https://boardgamecafe.hu/>



Cultural places

GÖDÖR

This bar has a concert venue with different performers everyday. Come there to listen to live music and discover great Hungarian bands!

Kiraly utca 50., Budapest - Daily 18:00-00:00 or later depending on the events
<https://godorunderground.hu/>

TURBINA

This community space hosts concerts of all kinds of genres almost every evening. Dance and theater performances are also at the program, as well as other cultural events like exhibitions or workshops. Come there, enjoy the music and get inspired by the diversity of events!

Vajdahungyad utca 4., Budapest - Daily (Monday 00:00-18:00, Tuesday-Wednesday 16:00-00:00, Friday-Saturday 16:00-6:00)
<https://turbinabudapest.hu/en/home/>

DÜRER KERT

This concert venue is a popular one for its music program and other cultural events.

Öböl utca 1., Budapest - Friday 18:00-23:00 and Saturday 18:30-2:00
<https://www.durerkert.com/en>

KOBUCI KERT

Another nice place to listen to great music with a varied program!

Fo tér1., Budapest - Daily (Monday-Friday from 16:00, Saturday-Sunday from 11:00)
<https://kobuci.hu/>

MANYI

One more cultural community space which hosts concerts everyday.

Margit körut 16., Budapest - Daily (Monday-Tuesday 12:00-1:00, Wednesday-Saturday 12:00-2:00, Sunday 18:00-1:00)
<https://www.facebook.com/manyihaz/>

HAROM HOLLO

This place has a varied cultural program with concerts, serves drinks and food.

Piarista köz 1., Budapest (entrance at Szabadsajto ut) - Daily 12:00-00:00
<https://www.haromhollo.hu/en/about-harom-hollo/>



Organizations to connect with

BOLYGO

This community space is open to anyone interested in **the environmental issues**. It aims to **revive cultural and civic life** of Budapest by organizing multiple events around environment protection with educational, cultural and activist development. Anybody can participate in the organization of Bolygo, **meet people and suggest new projects!** To get in touch with the members, refer to the program on their social media and come to the weekly board game night or any workshop you are interested in.

Margit körút 28-32., Budapest

<https://www.facebook.com/bolygo.hu/>

CARGONOMIA

This **cooperative** gathers three socially and environmentally conscious small enterprises operating in Budapest to display how it can **create sustainable and meaningful community opportunities**. The partnership includes **Cyclonomia**, a DIY bike cooperative, **Zsamboki Biokert**, an organic vegetable farm which distributes food boxes in Budapest, and **Golya**, of which messengers deliver the vegetables by cargobike. Not only does it offer concrete alternatives to standard social and economic systems but the cooperative's members also work on **degrowth research projects** with an educational outreach. Do not hesitate to get in touch with Cargonomia for participating in their events (repair cafe for example) or volunteering!

Szilagyi utca 5., Budapest

<https://cargonomia.hu/>

VALYO BAZIS

This association works on **improving the place of the Danube river** in the city of Budapest **and the public accessibility** to its shore. It results in community projects creating recreational spaces on the quays, transport development along the river, reconsideration of tourism development in the area to meet the needs of local residents and make the Danube surroundings enjoyable for everyone. Follow their social media to know more about their current projects and events!

Kosztolanyi Dezső tér 7., Budapest

<https://valyo.hu/en/>

KEK

The Hungarian Contemporary Architecture Center is an independent institution focusing on **architecture, built environment, urban development and their relation to the communities**. The team works on redefining the cultural and social role of architecture and promoting contemporary Hungarian architects with activities including urban regeneration methods, sustainable innovation and a strong community based approach. It organizes **exhibitions, conferences, festivals, training and more events** which you can find out about on their social media.

Bartók Béla ut 10-12., Budapest

<https://kek.org.hu/en/>

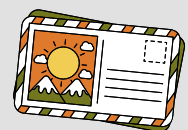
TUDATOS VASARLOK EGYESÜLETE

The **Association of Conscious Consumers** is promoting sustainable, circular, ethical, fair and just consumption and lifestyle choices in Hungary. It provides many contents to **foster consumer engagement and behavior change towards more sustainable choices**. Have a look at their website or social media!

<https://tudatosvasarlo.hu/english/>

PREZENT

Souvenir shop



If you want to bring a piece of Budapest back to your family and friends at the end of your stay, this little **gift shop** is a great one! There are locally manufactured, sustainable, organic, upcycled, ethical products. You'll find the classic postcards and magnets but also more specific items which seller will be happy to give you more information about.

Döbrentei utca 16., Budapest - Wednesday-Sunday 10:30-19:00

<https://prezentbudapest.hu/>

FREE TIME OUTSIDE BUDAPEST

One-day trips in Hungary

There are great cities close to Budapest that you can visit on one-day trips. It is an opportunity to enjoy different landscapes and **to see more of Hungary**. The following cities are worth a look and can be **reached by train from Budapest** (many departures all along the day). Do not hesitate to **transport your bicycle** in the train to go riding out of the city!

**NAGYMAROS – VISEGRAD – ESZTERGOM – SZENTENDRE – EGER – PÉCS – SZEGED – BALATON LAKE
(ESPECIALLY TIHANY AND BALATONFÜRED)**

Travel abroad

If you'd like to take time on weekends or holidays to travel abroad **around Hungary**, trains or buses from Budapest are very convenient. **Night train lines** can take you to:

ZURICH (SWITZERLAND), BERLIN OR MUNICH (GERMANY), WARSAW OR KRAKOW (POLAND), BUCHAREST (ROMANIA), LJUBLJANA (SLOVENIA), TRIESTE (ITALY)

If you'd prefer to travel during the daytime and for **shorter distance**, you can also go by train or bus to:

PRAGUE OR BRNO (CZECH REPUBLIC), VIENNA (AUSTRIA), BRATISLAVA OR KOSICE AND EVEN TO THE TATRA MOUNTAINS VIA POPRAD (SLOVAKIA), ZAGREB (CROATIA), BELGRADE (SERBIA), SARAJEVO (BOSNIA AND HERZEGOVINA), CLUJ (TRANSYLVANIA)

To plan these trips and buy your train tickets, you can use the **Hungarian railways company** website or app: MAV-START
<https://jegy.mav.hu/>



GET INVOLVED AND HELP THE GREEN GUIDE GROW

The Green Guide is a project that I created during my internship at Cargonomia in order to help fellow international students adopt a sustainable lifestyle while staying in Budapest. **Yet I like to believe that it is only the beginning.** The places listed there and the given tips are still far from being exhaustive and I hope the guide can be enriched in the future. That's why I would be happy if once you become familiar with Budapest, you can carry out your own exploration of the city to find more alternative places. **I invite you to share your green recommendations!**

Get in touch with Cargonomia by sending an email at info@cargonomia.hu, giving a quick presentation of the place you recommend and an associated website or social media. Then the team will be able to regularly update the guide thanks to your participation.

If you're interested in getting involved in the Cargonomia cooperative, you're welcome! You could help at the events while you are in Budapest or even become a Cargonomia trainee. As a transdisciplinary cooperative, any profile is welcome as long as having some interest in agroecology and permaculture, eco-construction, low-tech, solidarity economy. Activities are diverse and you'll for sure learn a lot of things! We use to do research, meetings and communication in the office but also practical work at the farm, and these are only the main occupations...

*Get involved where you care
and have a great time in Budapest!*

